

Week 1st to 3rd



Wednesday 1st



Thursday 2nd



Friday 3rd



Lunch

Jasmine rice

Steamed Chicken

Roasted Pumpkin

Dessert Pineapple with Mint

> Snack **Fruits**

Lunch

Tuna Patty

Vietnamese Coleslaw

Dessert Fresh Watermelon

> **Snack Fruits**

Lunch

Beef Parmentier



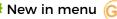
Long Beans

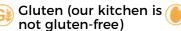
Dessert Melon with

Pineapple

Snack **Dark Chocolate** Cookies



















Week 6th to 9th



Monday 6th



Tuesday 7th



Wednesday 8th



Thursday 9th



Lunch

Spaghetti Pasta

Bolognese Beef



Carrot

Dessert Pear with **Blueberries** Snack **Chocolate Muffin**



Lunch

Butter Rice



Tarragon Chicken Supreme

Roasted Veggies

Dessert **Tropical Fruit Salad**

> Snack Fruits

Lunch

Jasmine Rice

Thai Basil Minced Chicken

Green Peas

Dessert **Summer Melon**

> Snack **Fruits**

Lunch

Roasted potato

Salmon Blanquette

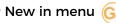
Juienne Summer Vegetables

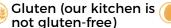
Dessert

Apple

Snack Fruits

















Week 13rd to 17th



Monday 13rd



Tuesday 14th



Wednesday 15th



Thursday 16th



Friday 17th



Lunch

Fusilli Pasta



Chicken Alfredo



Broccoli

Dessert Apple

Snack Milk Chocolate Cookies





Lunch

Jasmine Rice

Chicken Belado

Broccoli and Carrot

Dessert

Pineapple with Mint

> Snack Fruits

Lunch

Pilaf Rice

Lamb Kebab

Coleslaw

Dessert **Cantaloup Salad**

> Snack Fruits

Lunch

Steam Potato (cold)

Fish Terrine (cold)

Red Onion. Tomato and Sweet Corn (Cold)

Dessert

Blueberry and Watermelon Cup

> Snack Fruits

Lunch

Paella Rice



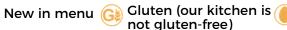
Oven Roasted Chicken



Dessert Crunchy Grapes

Snack Crunchy Flapjack **Bars**

















Week 20rd to 24th



Monday 20th



Tuesday 21st



Wednesday 22nd



Thursday 23rd



Friday 24th



Lunch

Hong Kong Noodles Char Siu Chicken **Chye Sim**

Dessert Tropical Fruit Salad

Snack Grandma's Chocolate cake



Lunch

Mash Potato

Chicken Fricassee

Vichy Carrot

Dessert Pear Watermelon

> Snack **Fruits**

Lunch

Chicken Rice

Hanainese Chicken

Sauteed Fine Bean

Dessert Mix Melon Salad

> Snack **Fruits**

Lunch

Roasted Sweet Potato

Fish Meuniere

Roasted White Raddish

Dessert **Green Apple**

> **Snack Fruits**

Lunch

Creamy Polenta

Chicken Basquaise

Snap pea

Dessert

Yellow Watermelon

Snack **Orange Oat Butter** Cake







